

## **FUSC Course** (30 Hours)

This foundation of staged combat course will explore the different elements that come together to create a professional staged fight. We will start by highlighting the main safety concerns involved in staged combat and focus on drilling the key elements that make a staged fights safe and believable (footwork, distancing and of course positioning).

In the second stage we will focus on working with choreography, not just looking at the moves but how they relate to one another in a series of moves. We will work on remembering choreography and tips on working with choreography. As well as the mobility of the fight and how this can bring depth to the fight or distraction.

Finally we will explore how to put these elements together with our acting. By using timing and beats we can start to express the characters state and decisions throughout the fight. We will learn how voice effects the fight and how this can build tension if used correctly.

To end the course we will look at seamlessly transitioning into a fight and back out of one into a normal scene.

### **Who is the workshop for?**

This course is intended for those wishing to build an understanding of what stage combat is and the techniques used to create a fight on stage. For anyone interested in what stage combat looks like in the profession or who just want to get hands on experience in a controlled environment this is a good introduction to the skill.

Each day of the course is planned to gradually introduce the different elements of staged combat and give experience doing/watching them to better understand the technique used for professional stage combat.

This course does not qualify participants as fight directors, stunt performers or fight practitioners!! However it will give those wishing to develop their abilities as a physical performer a solid introduction to this area of performance and set them up to develop these skills further under professional supervision.

### **Who is Max Cormac?**

Max Cormac enrolled In the UK's first degree course focused primarily on stage combat. While there he trained with many talented names from the industry like Nick Hall, Chris Main, Richard Ryan, Roger Bartlett, Bret Yount. The course was run to the specifications of the BADC (the British Academy of Dramatic Combat) and the BASSC (the British Academy of Stage and Screen Combat) The two leading stage combat authorities in the UK at that time.



After acquiring certification for each of their weapon sets to an instructor level, he graduated East 15's BA Acting And Stage Combat course and went on to work in the industry starting out doing fights for staged productions in London. He was lucky enough to work along side directors like Brian Astbury, Shane Dempsey and Jordanna O'neil and along side fight directors like, Richard Ryan, Malcolm Ranson, Nick Hall, Joe Golby, Mathew Mckay, Nathaniel Martin and Alex Payne.

Gradually he started working more in film and TV and with stunt teams facilitating their fight teams. Over his time working on screen he was lucky enough to work on films and tv shows such as: Ironclad, Vikings and Mary Queen of Scots to name a few.

In his down time he started teaching staged combat as well as Gymnastics and movement at various schools, with the highlights being his time teaching in China as well as getting to teach on his old course (BA acting and Stage Combat) for 3 years.

Now he has moved back to Edinburgh is looking forward to using what he has learned in the performance world here in Scotland.